

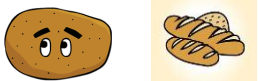

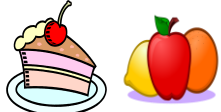


X/Ref: Markeaton Kitchen - Winter 2023 - 2024 Week 1 Menu

DATES	CHOICE	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/C 06/11/2023 27/11/2023 18/12/2023 22/01/2024 12/02/2024	Main Option 1 	Cheese & Onion Roll  Sliced Potatoes	Spaghetti Bolognese  Garlic Bread	Roast Beef & Yorkshire Pudding Gravy  Roast Potatoes	Chicken Burger in a Bun  Chips	Fish Bites  Diced Potatoes
10/03/2023	Main Option 2 (vegetarian) 	As above	Salsa Crusted Quorn Fillet with Nachos	Buttermilk Quorn Burger  Roast Potatoes	Chicken Style Burger  Chips	Five Bean Chilli  Diced Potatoes
	Jacket Potato / Bread Option 	Jacket Potato Cheese/Beans/Tuna  Bread Basket	Vegan Nugget Wraps  Bread Basket	Jacket Potato Cheese/Beans/Tuna  Bread Basket	Soup with Roll or Bread  Bread Basket	Jacket Potato Cheese/Beans/Tuna  Bread Basket
	Seasonal Veg/ Salad 	Beans  Sweetcorn	Mixed Vegetables	Cabbage  Carrots	Salsa  Green Beans	Peas  Tomato Wedge
	Dessert 	Cookie  Fresh Fruit  Homemade Yoghurt	Apple & Cinnamon Cake  Fresh Fruit  Homemade Yoghurt	Flapjack  Fresh Fruit  Homemade Yoghurt	Date & Cocoa Brownie  Fresh Fruit  Homemade Yoghurt	Pancakes with Fruit Sauce  Fresh Fruit  Homemade Yoghurt

Ref: Markeaton Kitchen - Winter 2023 - 2024 Week 2 Menu

DATES	CHOICE	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/C 13/11/2013 04/12/2023 08/01/2024 29/01/2024 26/02/2024	Main Option 1 	Jacket Potato Bar Baked Beans Cheese Tuna	Meatballs with Tomato & Basil Sauce  Tricolour Pasta	Roast Chicken & Stuffing Gravy  Roast Potatoes	Chicken Curry with Naan Bread  Rice	Frankfurter Hot Dog  Chips
18/03/2024	Main Option 2 (vegetarian) 	As above	Vegetarian Meatballs with Tomato & Basil Sauce Tricolour Pasta	Tandoori Quorn Fillet  Roast Potatoes	Vegetarian Goan Curry with Naan Bread	Quorn Sausage  Chips
	Jacket Potato / Bread 	Soup with a Roll or Bread  Bread Basket	Selection of Wraps  Bread Basket	Jacket Potato Beans/Cheese/Tuna  Bread Basket	Jacket Potato Beans/Cheese/Tuna  Bread Basket	Cheesy Corn Cakes  Bread Basket
	Seasonal Veg / Salad 	Sweetcorn  Coleslaw	Green Beans	Carrots  Cauliflower	Kachumber Salad  Peas	Spaghetti Hoops  Peas
	Dessert 	Mousse  Homemade Yoghurt  Fresh Fruit	Cookie  Homemade Yoghurt  Fresh Fruit	Waffles with Fruit  Homemade Yoghurt  Fresh Fruit	Rice Krispie Cake  Homemade Yoghurt  Fresh Fruit	Orange & Ginger Cake with Cream  Homemade Yoghurt  Fresh Fruit

Ref: Markeaton Kitchen - Winter 2023 - 2024 Week 3 Menu

DATES	CHOICE	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/C 20/11/2023 11/12/2023 15/01/2024 05/02/2024 04/03/2024	Main Option 1 	Macaroni Cheese  Garlic Bread	All Day Brunch Sausage Scrambled Egg  Hash Brown	Savoury Mince  Creamed Potatoes	Pizza with Ham  Chips	Sausage Roll  Potato Wedges
25/03/2024	Main Option 2 (vegetarian) 	Loaded Fries with Vegetarian Chilli & Mozzarella Cheese	Vegetarian Brunch Quorn Sausage Scrambled Egg  Hash Brown	Vegan Nuggets  Creamed Potatoes	Vegetarian Pizza  Chips	Quorn Southern Bites  Potato Wedges
	Jacket Potato Or Cold Option 	Jacket Potato Beans/Cheese/Tuna  Bread Basket	Soup with a Roll or Bread  Bread Basket	Jacket Potato Beans/Cheese/Tuna  Bread Basket	Selection of Sandwiches  Bread Basket	Jacket Potato Beans/Cheese/Tuna  Bread Basket
	Seasonal Veg 	Sweetcorn  Green Beans	Baked Beans  Tomatoes	Broccoli  Carrots	Sweetcorn  Coleslaw	Mixed Vegetables  Sweetcorn
	Dessert 	Chocolate Crunch  Homemade Yoghurt  Fresh Fruit	Lemon Drizzle Cake  Homemade Yoghurt  Fresh Fruit	Shortbread  Homemade Yoghurt  Fresh Fruit	Cookie  Homemade Yoghurt  Fresh Fruit	Sticky Toffee Muffin  Homemade Yoghurt  Fresh Fruit