



CURRICULUM ACTION PLAN 2023-24

Date:	September 2023	Subject/Focus Area:	Mental Health/Wellbeing	Completed by:	Wellbeing Team
Links to Whole School Development Priorities (please tick the last column to show which priority your objectives link to)	1. To further enhance continuous provision across FS2 and Y1				x
	2. To develop and embed the use of technology across the curriculum				
	3. To improve progress in Writing and Maths from Y2 to Y6				x
	4. To design and deliver a program of CPD to subject leaders from local schools				

Our vision for Markeaton Wellbeing Champions

*At Markeaton Primary School, we aim to promote positive mental health and wellbeing for **all** of our whole school community (children, staff, parents and carers), and recognise how important mental health and emotional wellbeing is to our lives in just the same way as physical health.*

We will pursue this aim using universal, whole school approaches and specialised, targeted approaches aimed at vulnerable children.

In addition to promoting positive mental health, we aim to recognise and respond to mental ill health. Our goal is for the negative stigma that can surround mental health to be eliminated in order for all to live their day-to-day lives.

What actions will you take in your subject to help improve the children's ability to read and/or apply reading skills?

- Use of equality and diversity books used half-termly to celebrate difference including neurodiversity and mental health.



Targets <i>(please highlight any targets which strengthen the connectivity of the curriculum)</i>	Implementation					Impact	
Objective	Action(s)	Staff	Resources (costs if applicable)	Start date	End date	Success criteria	Monitoring
<p>To ensure quality first teaching of mental health and wellbeing.</p>	<p>Monitor the implementation of the 'PSHE Matters' scheme of learning which has a direct RSE theme.</p> <p>Overview and implement whole school assemblies that have a focus on MINDS and Inclusivity Mental Health</p> <p>Provide staff CPD on monitoring wellbeing in the classroom such as emotional literacy, zones of regulation and safeguarding.</p>	<p>JH&JS</p>	<p>CPD cost when researched TBC</p>	<p>Au'23</p>	<p>Sum'24</p>	<p>Staff will feel confident in the teaching of mental health and wellbeing in and around the school.</p> <p>Children will be provided with quality first teaching with regards to wellbeing.</p> <p>SEND and PP pupils will be supported to meet the expectations of their peers or equivalent.</p>	<p>Questionnaires</p> <p>Learning walks</p> <p>Pupil/staff voice</p>



	Ensure pupils with SEND and PP pupils receive adapted provision.						
To implement 'Zones of Regulation' (ZoR)	<p>Research and personalise 'Zones of Regulation' to fit Markeaton.</p> <p>Have these present in each classroom.</p> <p>Lead staff CPD on implementation of ZoR</p> <p>Learning walk x3 yearly</p>	JH&JS		Au'23	Sum'24	<p>Children will know and use the Zones of Regulation</p> <p>ZoR will have a presence around school</p> <p>Children will feel in control of their wellbeing.</p>	<p>Pupil voice</p> <p>Learning walks</p>
To encourage community involvement within the school.	<p>Parent Pop-in x 3 yearly</p> <p>Parent workshops:</p> <ul style="list-style-type: none"> - Wellbeing - Phonics - Maths - Spelling - PE/Sport - Homework 	<p>JH&JS</p> <p>Various Staff</p>		Au'23	Sum'24	<p>Parents and carers will feel more involved after the Covid-19 pandemic.</p> <p>Regular parent/carers sessions to be held</p> <p>Regular parent/carers meet ups to be scheduled</p>	<p>Parent/carers voice</p> <p>Learning walks</p>



	<p>PTFA newsletter + sessions</p> <p>3x Coffee Mornings:</p> <ul style="list-style-type: none">- SEND- LAC	<p>PTFA</p> <p>EB/MB</p>				<p>Parents/carers invited in regularly to share in their children's learning and life.</p>	
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