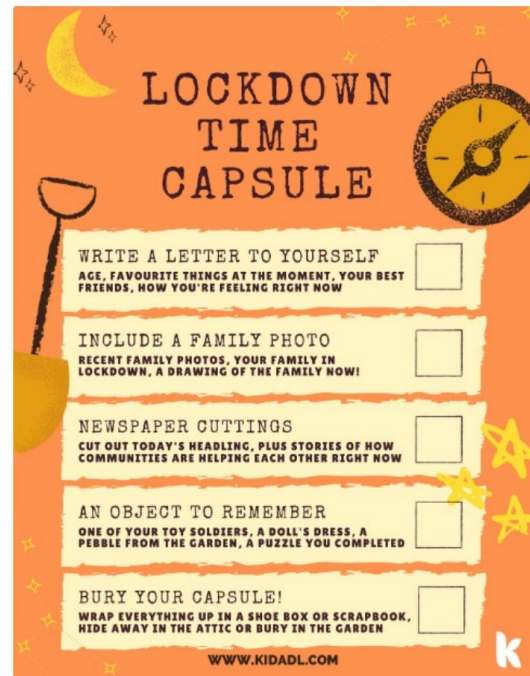


Lockdown time capsule

We're currently going through something that the kids will never experience again in their lifetime and will tell tales of in years to come. Why not create a time capsule of your period in lockdown that they can look back on?

Cut out newspaper clippings, write a letter to your future self, take photos of your family and print them - the possibilities are endless. When you've collected everything, put it all into a shoe box and hide the capsule away somewhere to find when all this is over...

<https://blog.kidadl.com/articles/lockdown-time-capsule>



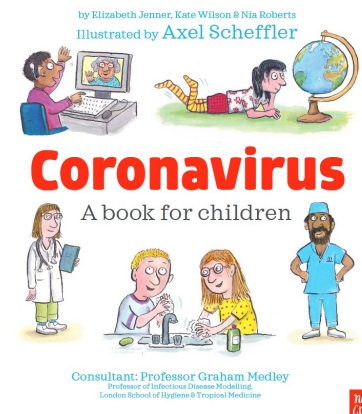
Free book to download illustrated by Axel Scheffler

The brilliant Axel Scheffler has produced a book about Covid-19 Coronavirus just for children - and it's available as a FREE download.

<https://nosycrowcoronavirus.s3-eu-west-1.amazonaws.com/Coronavirus-ABookForChildren.pdf>

The Gruffalo illustrator worked with consultant Professor Graham Medley, two head teachers and a psychologist to make sure the book got the messages right, answering questions about quarantine, how you can catch the virus and what happens if you get ill.

Publishers Nosy Crow have asked for donations in lieu of payment, to go to our fantastic health workers: www.nhscharitiestogether.co.uk/



Fun learning – The Children's Commissioner

The Children's Commissioner recognises, that while some parents have adjusted well to homeschooling, others have found themselves struggling to fill the school day while also balancing their own home working. She has offered the following suggestions for fun learning:

<https://www.childrenscommissioner.gov.uk/coronavirus/fun-things-to-do-during-the-easter-holidays/>

DISCOVER THE WONDERS OF THE WORLD WITH THESE FREE VIRTUAL ART GALLERY TOURS

We might be stuck at home but there's no reason why we can't still get our arts and culture fix! Plenty of art galleries and museums across the world are offering virtual tours of their collections, which means you can visit galleries on other continents that you may never have got the chance to before. Here's our guide to the best virtual galleries that you can visit without getting off the sofa.

Our very own Derby Quad is providing access to exhibitions with links to resources for children at different ages. There is a link to an example here:

<https://www.derbyquad.co.uk/about/news/v21-virtual-exhibition-kimchi-and-chips>

National Gallery

Browse the collections and tour gallery rooms in 360° at the National Gallery in London. Explore the [Star Trail](#) exhibition, dive into the story of [Monet's Water Lily Pond](#) and step into epic Renaissance masterpieces by [Titian](#) and [Veronese](#). Plus, with Google Street View you can complete your National Gallery virtual tour and move through Rooms 4, 5, 9, 10, 11, 12, 15 and Central Hall as if you're actually in the gallery itself.

Tour the National Gallery [here](#).

The Museum of Modern Art (MoMA)

We're going to New York! Head to MoMA in the Big Apple and explore some of the world's best modern art. Discover everything from [Van Gogh's legendary Starry Night](#) to [intriguing contemporary art](#) and all the pieces from the hundred-or-so years in between. Read the stories behind the art and explore the gallery in full with Street View. Check in for your flight to New York [here](#).

Musée du Louvre

While we can't go and see the iconic glass pyramids of the Louvre in person, we can explore plenty of the artworks it holds from the comfort of our own home. Check out the [Egyptian Antiquities](#) collection and the remains of the museum's [medieval moat](#).

Click [here](#) to discover the home of the Mona Lisa.

Strong National Museum of Play

You might not have heard of this museum but it's perfect for families! Based on the history of play, it's no wonder it's one of the top museums for families in the US. Check out the [Pinball](#) collection, look into the history of [dolls](#) and delve into the online exhibit [Making Monopoly](#), which focuses on the story of the world's most famous board game. If you want to be fully immersed, you can also explore both floors at your own pace using Google Street View.

Start your day of play right [here](#).

Getty Museum

Next stop: Los Angeles! Head to the Getty Museum and take a [virtual tour](#) of some of the rooms. Feast your eyes on the [Eat, Drink, and Be Merry](#) exhibit, step back in time with the huge [Renaissance](#) collection and check out some of the USA's earliest [photographs](#).

Check out the Getty Museum [here](#).

Van Gogh Museum

Celebrate one of history's most renowned artists at the Van Gogh Museum in Amsterdam. You'll be able to explore some of the artist's most famous works, along with a number of pieces from his contemporaries. Immerse yourself in the world of Van Gogh as you browse through the art gallery's collections, where you'll find one of the iconic [Sunflowers](#) paintings. Read about his influences in one of the [online exhibits](#) and explore the museum 'on foot' using the Google Street View tool.

Start your tour of the Van Gogh Museum [here](#).

DISCOVER THE WONDERS OF THE WORLD WITH THESE FREE VIRTUAL ART GALLERY TOURS (continued)

The Vatican Museum

Home to the exquisite Sistine Chapel, you can definitely still get a feel for how grand and ornate the Vatican Museum is even on a virtual tour. Walk the halls of the [Chiaramonti Museum](#), admire the gold accents in the [Room of the Chiaroscuro](#) and gaze up at the magnificent details of the [Sistine Chapel](#) ceiling.

Click [here](#) to explore the Vatican Museum.

Musée d'Orsay

What do you say we head to the Musée d'Orsay? Learn about the architecture and history of this elegant glass-roofed museum in their [From Station to the Renovated Musée d'Orsay](#) exhibit, browse through [oil paintings](#) and [impressionist art](#) and get lost in the labyrinth of the halls using the Street View tool.

Kick off your museum tour [here](#).

The Guggenheim

If your older kids are fans of modern art, head to the Guggenheim in New York. On your virtual art gallery tour you can explore the [conceptual art](#) collection and discover the [Art From Latin America Today](#) exhibit, which focuses on contemporary works of art that were created as a response to events that took place in the region both recently and long ago.

Dive into some of the world's best modern art [here](#).

Guggenheim Museum Bilbao

A sister to Guggenheim New York, this museum is famous for its iconic architecture. Although you might not be able to see this impressive building in the flesh, you can still do a good chunk of exploration virtually! [Climb the roof](#) and check out the views from there, admire the collection of [installation art](#) and take a look through the gallery of incredible photos of [Bilbao](#) itself.

Start your trip to Bilbao [here](#).

Rijksmuseum

Grab your passport, we're going to Amsterdam! You can admire over 160,000 works in the digital collection that spans 800 years of incredible Dutch art. Read up on [The Milkmaid](#), one of Vermeer's most famous paintings, look into the life and works of [Rembrandt](#) and move around the museum at your own pace with immersive, 360° virtual tours of [8 different areas](#) of the museum.

Begin your tour of the Rijksmuseum [here](#).

The International Museum of Children's Art

Filled with pieces of art from children of all ages, this Norwegian museum was the first in the world dedicated entirely to art by young people. Search for your favourite piece, admire the talents of the young artists and leave the virtual tour inspired. This art gallery is a great one to explore with budding artists, as it shows them that even as children, everything they create has value. Maybe one day, when lockdown is over, you'll be able to visit the museum in person and see one of their pieces up there too.

Start your museum tour [here](#).

Managing anxiety about the virus as adults

Links to help parents to manage their anxieties about Coronavirus

<https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/#collapse1644b>

<https://www.bbc.co.uk/news/health-51873799?fbclid=IwAR01ug03efw0BQAxTOrrm-zrte5gl7jSAHOA-cpgM7BPaDjmoqN7pRwotNE>

<https://www.anxietyuk.org.uk/blog/health-and-other-forms-of-anxiety-and-coronavirus/>

The Globe is making recordings of its plays free online

Six of the theatre's plays will be available for two weeks each including Hamlet and Romeo and Juliet.

<https://www.shakespearesglobe.com/discover/blogs-and-features/2020/04/03/how-to-watch-our-free-globe-player-films/>

"Experience the magic of the wooden O from the comfort of your very own home as we release six of our Globe Player films for free over the next couple of months.

From Monday 6 April at 7.00pm on YouTube, you'll be able to see some of our much-loved productions from Shakespeare's most famous stage.

Hamlet (2018), Romeo and Juliet (2009), A Midsummer Night's Dream (2013) and The Two Noble Kinsmen (2018), plus two previously unreleased titles The Winter's Tale (2018) and The Merry Wives of Windsor (2019), will all be available for free, one on rotation every two weeks.



How do I watch the films?

Each film will be streamed for free on our YouTube channel: subscribe now and set yourself a reminder to ensure you don't miss out. Films will be available on demand from the date of their release for 14 days."

<https://www.youtube.com/user/ShakespearesGlobe>

To watch or not to watch? That is the question.

The Royal Opera House

The Royal Opera House will be offering a free programme of curated online broadcasts, musical master classes and cultural insights that get under the skin of both ballet and opera and offer everyone a unique look behind the scenes at one of the world's most famous cultural institutions.

- Acis and Galatea, The Royal Opera, 2009 – 3 April 2020, 7pm BST
- Così fan tutte, The Royal Opera, 2010 – 10 April 2020, 7pm BST
- The Metamorphosis, The Royal Ballet, 2013 – 17 April 2020, 7pm BST

You can view these free by subscribing to their [YouTube channel](#).

Visit their [website](#) for further information and other ways of viewing, including a 30-day trial on [Marquee TV](#).

Royal Opera House content is also available on radio, TV and online through their ongoing partnership with the BBC. Mayerling, Pappano's Greatest Arias and Darcey Bussell: Looking for Margot are all available on BBC iPlayer and can be watched at any time.