

# SUPER SCHOOLS

2020 / 21 R E P O R T



DERBY  
COUNTY  
COMMUNITY  
TRUST

# THE POWER OF A SUPER SCHOOL



H O W   W E   H A V E   S U P P O R T E D   Y O U



Advocating the importance of being active and putting it at the heart of school life



Networking with schools to share good practice, tools and resources



Providing events for children to be active, play with others and gain a sense of achievement



Delivering high-quality coaching provision for children to develop their skills and have fun



Inspiring and motivating children to enjoy being active and develop a lifelong love of moving



Building staff knowledge, skills and confidence through training and support



Boosting confidence, learning and achievement across the curriculum



Encouraging positive role models through the development of leadership and life skills



Building physical literacy and educating children to lead a healthy lifestyle



Enhancing self-esteem and supporting pupils and staff with their wellbeing



Engaging families to understand the importance of being active and healthy



Supporting schools with fundraising events that enable children to be active



# FOREWORD

**We are proud of the support we have provided for our Super School network, particularly over the last year. Through working together, we are making a real difference to children and young people to develop active, healthy learners.**

The last year has been like no other. More than ever, children have needed PE, sport, activity and play. We adapted our programmes in order to continue to support our network of schools during these challenging times, continuing to advocate the importance of being active and healthy. As we entered a period of lockdown and home schooling, we provided digital resources, virtual lessons, physical activity challenges and virtual events, to support

schools and families to keep children moving. We also adapted to provide online training workshops, webinars and meetings to support school staff to continue their PE, sport and physical activity provision during the pandemic. In addition, we've enjoyed continuing to work in many schools by providing face to face delivery, including an extensive range of roadshows and programmes. We've loved seeing the smiles on children's faces when we've visited!

**It's been a privilege to work alongside teachers who have shown what an amazing workforce they are! We hope you enjoy reading this report summarising this academic year and look forward to continuing to work with you next year.**

**JO WILKINSON**

Schools Development Manager

**RICH MANSFIELD**

Schools and Coaching Manager

# DELIVERY IN SCHOOLS

We've supported schools' delivery to vulnerable children and children of key-workers by continuing to work in schools to deliver face to face sessions, lessons, workshops and roadshows.



**1500** plus sessions delivered



**76** roadshows delivered



**8000** plus children taking part

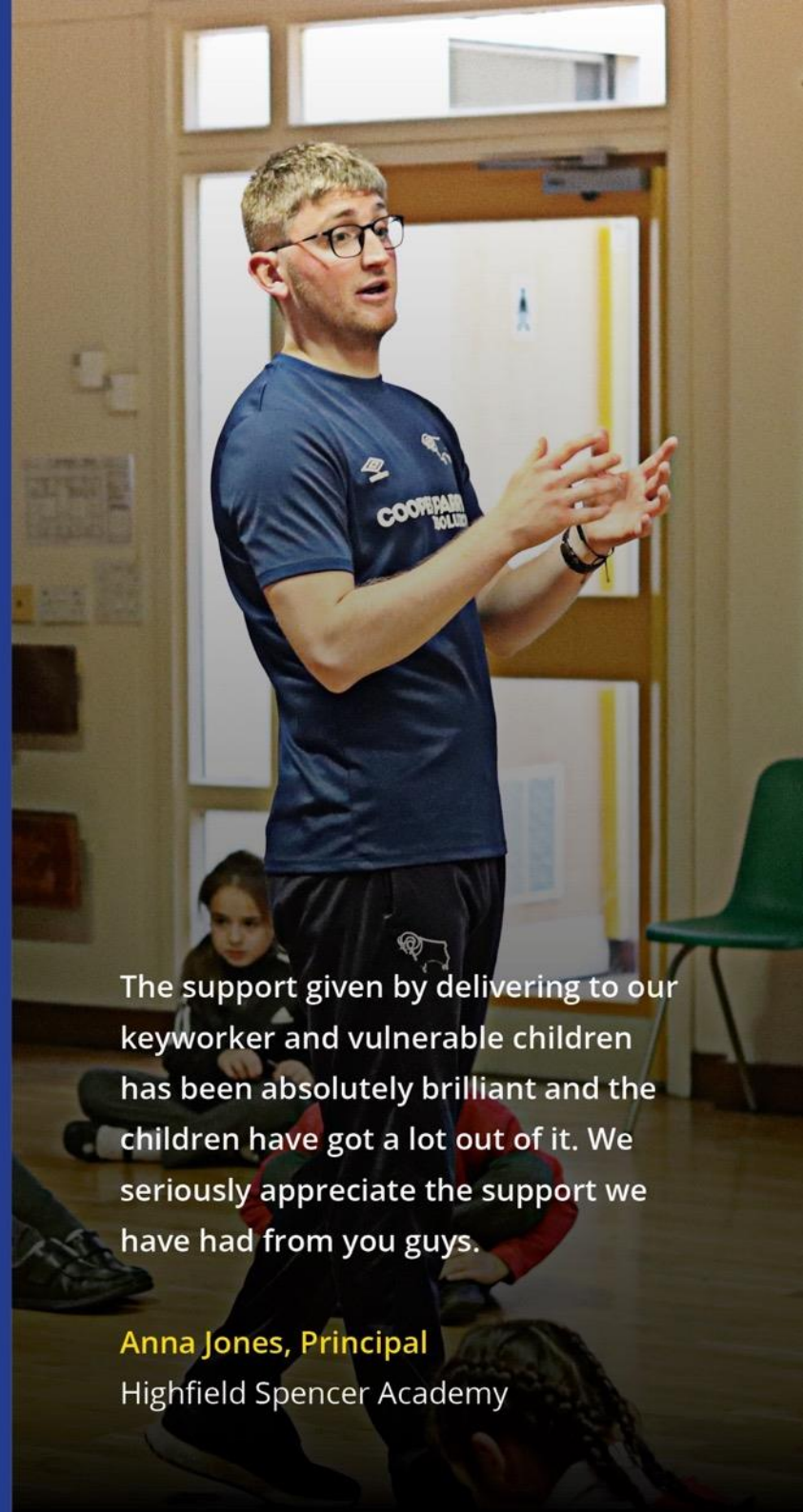


**70** equipment bags delivered to our Super Schools



**40** schools accessing delivery to support pupils

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The support given by delivering to our keyworker and vulnerable children has been absolutely brilliant and the children have got a lot out of it. We seriously appreciate the support we have had from you guys.

**Anna Jones, Principal**  
Highfield Spencer Academy



# VIRTUAL OFFER

We've produced weekly timetables full of activities, challenges and virtual lessons for children to take part in from home or from school.



**198** virtual sessions provided



**18** virtual competitions created



**39** live hours delivered over Zoom

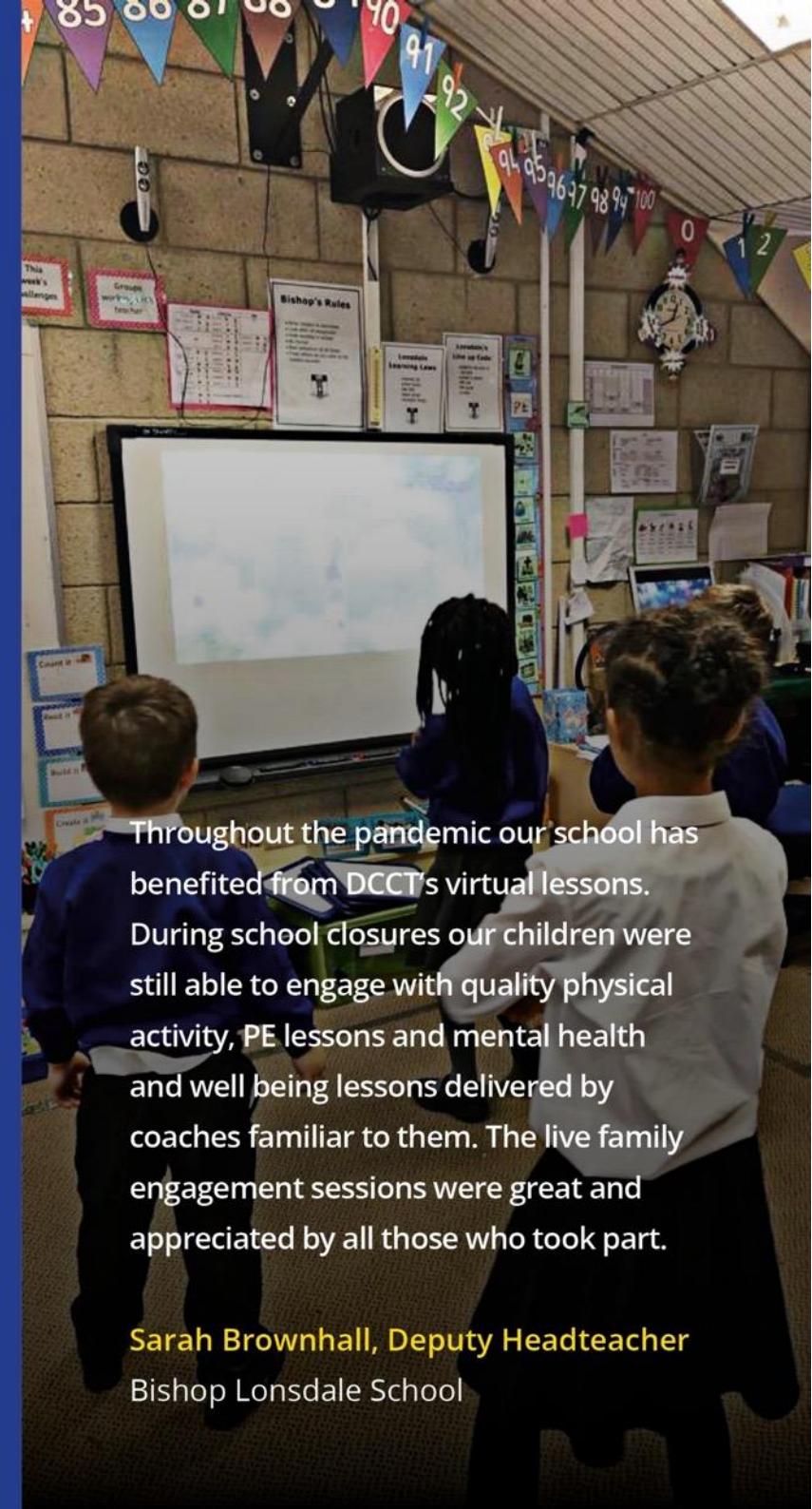


**25** holiday and family activities resources shared



**3** virtual Workshops based around World Book Day, Anti-Bullying Week and Safer Internet Day

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Throughout the pandemic our school has benefited from DCCT's virtual lessons. During school closures our children were still able to engage with quality physical activity, PE lessons and mental health and well being lessons delivered by coaches familiar to them. The live family engagement sessions were great and appreciated by all those who took part.

**Sarah Brownhall, Deputy Headteacher**  
Bishop Lonsdale School



# WELLBEING

We've provided a range of resources, lessons and workshops to champion the importance of wellbeing and support children through this challenging time.



**38** virtual wellbeing sessions and challenges provided



**72** Resilient Rammie sessions delivered



**70** wellbeing bags provided for school staff



**8** Stretch and Relax videos shared



**80** plus relaxation packs given to pupils

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Accessing the Winning Minds programme to support our pupils with their mental health and wellbeing has been really beneficial. It's enabled us to support children through a very challenging time, helping to build their confidence, resilience and overall wellbeing.

**Charlotte Donnelly**  
Ashgate Primary School

# SUPPORTING STAFF

We've continued to play a part in developing teachers' knowledge and understanding in PE and School Sport.



**24** online workshops provided to support school staff



**9** Active Bubbles resources produced



**25** teachers completing qualifications

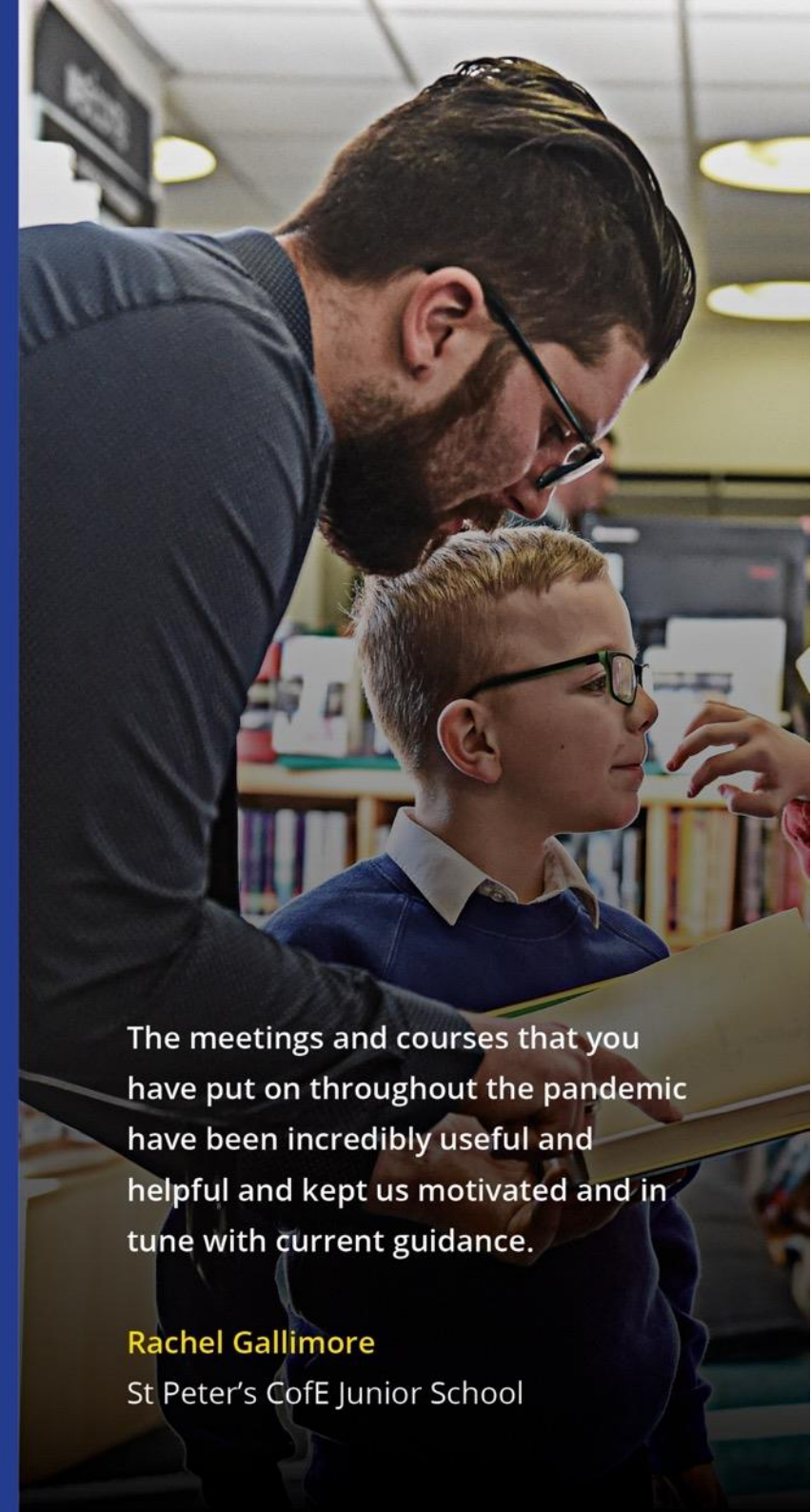


**24** NQTs accessing training



**550** plus hours delivered on Zoom

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The meetings and courses that you have put on throughout the pandemic have been incredibly useful and helpful and kept us motivated and in tune with current guidance.

**Rachel Gallimore**

St Peter's CofE Junior School



# LOTTERY FUNDING

We've been able to fund intervention sessions and provide funding for resources, equipment, uniform and technology to support pupils most impacted by the pandemic.



**75** schools benefitting from funding



**£23K** plus allocated to support children with reading



**£13K** plus allocated to improve pupils' wellbeing



**£20K** plus allocated to increase physical activity



**£12K** plus allocated to provide digital resources

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 **COMMUNITY FUND**



The purchasing of educational software licences, via Derby County Community Trust and the National Lottery, has made an enormous difference to those children who need it most at Markeaton. Not only has it increased the level of provision they have access to, it has also removed a significant barrier to learning that they were faced with; enabling them to really engage with their remote learning and diminish the likelihood of them missing vital parts of the curriculum.

**Ian Johnson, Headteacher**  
Markeaton Primary School



# SUPPORTING THE COMMUNITY

We've supported the wider community in Derby City and Derbyshire through food donations, doorstep visits and phone calls to older residents



**250K** items have been distributed by the city's food banks, which we have significantly contributed to



**922** Christmas meals provided to those in need



**1000** plus befriending phone calls made to help tackle loneliness



**254** people aged 55+ attending weekly virtual sessions



**900** care packages delivered

**STAY SAFE. STAY FIT. STAY CONNECTED.**



Chris has helped me get onto the virtual sessions and be a part of the IT loan scheme, I look forward to his sessions and calls each week.

**Tackling Loneliness Participant.**







# IN CASE YOU MISSED IT...

Active Bubbles Resources

[CLICK HERE](#)

Wellbeing Challenges

[CLICK HERE](#)

Move with Rammie videos

[CLICK HERE](#)

Football Skills Challenges

[CLICK HERE](#)

World Book Day activity grid

[CLICK HERE](#)

Screen Free School Games

[CLICK HERE](#)

Family Challenges

[CLICK HERE](#)

Virtual Challenges

[CLICK HERE](#)

Cook and Eat videos

[CLICK HERE](#)

PLPS Challenges

[CLICK HERE](#)

Monday Movers

[CLICK HERE](#)

Stretch and Relax videos

[CLICK HERE](#)

Girls Football at Home

[CLICK HERE](#)

Reading Stars

[CLICK HERE](#)

Writing Stars

[CLICK HERE](#)

Matchday Maths

[CLICK HERE](#)

ABC Challenges

[CLICK HERE](#)

Fitness Challenges

[CLICK HERE](#)

Social Action

[CLICK HERE](#)

# 2021-22 AFFILIATION BRIEFING

<p>Super School Events</p> <p><a href="#">CLICK HERE</a></p>	<p>Want to know more about our Enhanced Programme?</p> <p><a href="#">CLICK HERE</a></p>	<p>Premier League Primary Stars</p> <p><a href="#">CLICK HERE</a></p>
<p>How we can support staff and pupil wellbeing</p> <p><a href="#">CLICK HERE</a></p>	<p>Super Schools Affiliation overview presentation</p> <p><a href="#">CLICK HERE</a></p>	<p>PE Qualifications and Training</p> <p><a href="#">CLICK HERE</a></p>
<p>How our Super Schools programmes support PSHE</p> <p><a href="#">CLICK HERE</a></p>	<p>2021/22 Affiliation Booklet</p> <p><a href="#">CLICK HERE</a></p>	<p>How we've supported Super Schools during the pandemic</p> <p><a href="#">CLICK HERE</a></p>

To arrange a meeting please email  
[jo.wilkinson@dcct.co.uk](mailto:jo.wilkinson@dcct.co.uk) or [richard.mansfield@dcct.co.uk](mailto:richard.mansfield@dcct.co.uk)



**WE'VE LOVED SUPPORTING ALL OUR SUPER SCHOOLS THIS YEAR AND ARE REALLY EXCITED ABOUT DELIVERING LOTS OF EVENTS AND PROGRAMMES NEXT YEAR. SEE YOU THEN!**

**HAVE A FANTASTIC AND WELL DESERVED SUMMER BREAK!**

**LOOK OUT FOR**

## **EVENTS CALENDER 2021/22**

We are looking forward to running our full events calendar next year (subject to **government guidance**). Copies of the wall planner will be sent to all schools ready for September. Bookings will be live on our website from 6<sup>th</sup> September ([dcct.co.uk](https://dcct.co.uk)).

## **WELCOME BACK MEETING**

Join us (in person!) for our Welcome Back meeting on Wednesday 15<sup>th</sup> September, **8:30am**. We'll provide some breakfast and give you an overview of all the opportunities you can access next year.

**CLICK HERE TO BOOK**

# SCHOOL MEETINGS

We'd welcome the opportunity to have individual meetings with schools, via telephone or Zoom, to discuss the support we provide and to help shape your plans.

## PLEASE CONTACT

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**JO WILKINSON**

SCHOOLS DEVELOPMENT MANAGER

**E: [JO.WILKINSON@DCCT.CO.UK](mailto:JO.WILKINSON@DCCT.CO.UK) T: 07813 895942**

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**RICHARD MANSFIELD**

SCHOOLS AND COACHING MANAGER

**E: [RICHARD.MANSFIELD@DCCT.CO.UK](mailto:RICHARD.MANSFIELD@DCCT.CO.UK) T: 07856 418790**



# AUTUMN TERM

# Autumn Term Highlights



## Training Workshops

### Summary:

This term we have delivered an extensive range of training workshops to ensure staff feel equipped to deliver PE, School Sport and Physical Activity. It's been fantastic to see so many Super Schools at our workshops. Don't worry if you've not managed to join us, you can watch the recordings:

- Welcome Back Meeting <https://youtu.be/hpc1MOHinQI>
- New PE Co-ordinator Meeting <https://youtu.be/FtthUnxmk2A>
- Primary PE & Sport Premium Workshop [https://youtu.be/6YOJvo\\_CD00](https://youtu.be/6YOJvo_CD00)
- Safe Practice in PE Workshop <https://youtu.be/9ZT7zcA5qkQ>
- Assessing PE Workshop <https://youtu.be/qYYrlw65O0c>
- PE Development Meeting <https://youtu.be/pFuE14aY7Kw>
- Primary Dance – Socially Distanced Series <https://youtu.be/EJ8D7KY1W4k>
- Water Safety Workshop [https://youtu.be/\\_gwsOGcPGTI](https://youtu.be/_gwsOGcPGTI)
- PlayWaze Virtual Challenges demonstration <https://youtu.be/x0Qb0le2v7M>
- Spring Term Update Meeting <https://youtu.be/Celb9ECxyEA>

In addition to the above workshops we also provided NQT Training (Day 1 & 2), the Primary PE Award (Day 1) and one to one support for some PE Co-ordinators.

If you would like copies of the resources shared via our training or would like further support, please get in touch with [jack.southwart@dcct.co.uk](mailto:jack.southwart@dcct.co.uk)

### Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)

## Active Bubbles Resources

### Summary:

We have produced Active Bubbles resources to support schools to deliver PE, Sport and Physical Activity during covid-19. In addition to the Athletics and Playground Games Active Bubbles resources, we've expanded the range of Active Bubbles resources to provide:

- Active Bubbles FUNdamentals
- Active Bubbles Multi-skills
- Active Bubbles Multi-sport
- Active Bubbles Fitness

These are designed to follow Government guidance including:

- ✓ Social distancing
- ✓ Bubbles/ small groups
- ✓ Non contact activities
- ✓ Minimal equipment
- ✓ Taking place outdoors, when possible

### Impact:

- Schools have resources to deliver PE safely and in line with Government guidance during covid-19
- Pupils enjoy participating and are motivated to take part in PE, Sport and Physical Activity

### Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)



# SPRING TERM

# Spring Term Highlights



## Super Schools Equipment Bags

We provided every affiliated school with two bags of physical activity equipment. This was intended for schools to use as all children returned to school post lockdown. The bags included a range of play and physical activity equipment. We hope your pupils have enjoyed using it.

Impact:

- Pupils have been encouraged to be active and play together

*Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:*

- The engagement of all pupils in regular physical activity (KI 1)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)

## Super Schools Staff Wellbeing Bag

We provided a Wellbeing Bag for PE Co-ordinators, including resources, posters, useful links, and goodies. We encouraged staff to take some time out to watch a recording, take part in an activity, listen to a podcast or read a blog to consider how we go about our thinking, behaviours and habits to help our wellbeing. This included the launch of our Miles for Smiles Virtual Challenge to encourage staff, pupils and families to be more active.

Impact:

- Staff were equipped to consider their own wellbeing
- Staff had access to resources to share with pupils to support wellbeing
- Staff were encouraged to be more active to look after their own wellbeing.

*Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:*

- The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)
- Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)





# SUMMER TERM

# Summer Term Highlights



## Roadshows

With the need to adapt our events calendar for 2020/21 we've provided a range of roadshows throughout the year, delivering events in schools. This term we've offered a range of new roadshows including:

- Team Building
- Inclusive Sports Roadshow
- Tennis
- Cricket
- Euros Football
- Joy of Moving
- Active Maths
- Friday FUNday

These have been accessed by most schools with many taking part in several roadshows during 2020/21. We've enjoyed delivering the roadshows to enable children to be active and have fun.

Impact:

- Pupils enjoy participating and are motivated to be more active
- More physical activity is built into the school day

*Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:*

- *The engagement of all pupils in regular physical activity (KI 1)*
- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*

## Virtual Celebration of Dance

This year was the first year that our Celebration of Dance event couldn't go ahead in its usual format. However, we felt that 'the show must go on' and ran the event virtually. Lots of schools have taken part by receiving a Dance Roadshow, delivered by the One School of Dance, and lots of schools had their dance performance filmed at school. We've loved seeing so many amazing dances, great dance moves and lots of smiley faces!

Congratulations to all schools that took part.

To watch the amalgamation film and school performances please click here: <https://youtube.com/playlist?list=PLAfQMFPEn5eRB875O7v6EGWsaymaTxDgT>

Save the date!! Next year's Celebration of Dance takes place on 10<sup>th</sup> and 11<sup>th</sup> March 2022.

Impact:

- Pupils enjoy participating and are motivated to be more active

*Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:*

- *The engagement of all pupils in regular physical activity (KI 1)*
- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*



## Youth Mental Health First Aid

### Summary:

**1 member of staff completed the Youth Mental Health First Aid Course and become a Youth Mental Health First Aider.**

The two day Youth MHFA course trained staff as a Youth Mental Health First Aider, giving them:

- An in-depth understanding of young people's mental health and factors that affect wellbeing
- Practical skills to spot the triggers and signs of mental health issues
- Confidence to reassure and support a young person in distress
- Enhanced interpersonal skills such as non-judgemental listening
- Knowledge to help a young person recover their health by guiding them to further support – whether that's through self-help sites, their place of learning, the NHS, or a mix – engaging with parents, carers and external agencies where appropriate
- Ability to support a young person with a long term mental health issue or disability to thrive
- Tools to look after your own mental wellbeing

*Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:*

- *The engagement of all pupils in regular physical activity (KI 1)*
- *The profile of PE and sport is raised across the school as a tool for whole school improvement (KI 2)*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport (KI 3)*
- *Broader experience of a range of sports and activities offered to all pupils (KI 4)*
- *Increased participation in competitive sport (KI 5)*

