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To all Parents/Carers,

12/10/18

In case you have missed the parentmail or tweets over the last week or so I just wanted to draw your attention to World Mental Health Day, which was on Wednesday. Much of what we do at Markeaton, including the content of the curriculum, our focus on Growth Mindset and our outdoor learning opportunities, are designed to promote positive mental health. Of course, these are just some of things in school that can have an impact and every child is different.

One universal message that we wanted to deliver on Wednesday though was the importance of children having someone in school they trust who they can talk to. It could be a friend, a peer or an adult – just as long as they have a person who they can turn to and confide in. The animation we watched in assembly summed it up perfectly:

<https://www.youtube.com/watch?v=nCrjev3-Js>



And here are some of the Positive Mental Health activities the children took part in, from left to right: Rammie's Daily Mile, a 'What makes me amazing' fan and Poems in Y5. Ask your child if they have had a go at Rammie's Daily Mile yet...

In other news, a week on Wednesday (24th October), Derby City Council have organised a 'Travel to School Fun Day' with Cycle Derby. There will be lots of exciting events throughout the day and next Monday there will be a letter sent home with a few more details. Let's just hope it doesn't rain! And watch out for ITV, you might find yourself in front of a tv camera! It will involve a road closure but this has now been downgraded to 8:00am – 9:30am and 2:30pm – 4:00pm as opposed to the whole day. Keep an eye out for the letter on Monday.

And finally, we have just been successful in a grant for new library books; to the tune of £2000! Our English Leads, Miss Gaskin and Mr Rowcroft are just in the process of deciding how best to spend it (+ monies raised from the book fair – which we would like to say thank you for supporting)!

Have a great weekend,

Mr I. Johnson