



Dear Parent

Your child has taken part in a Knee High Ninjas lesson today. We specialise in martial arts lessons specifically designed for children. We are starting an after school club at Markeaton Primary School on Wednesday the 28th November, initially for four weeks taking us to the end of term and finishing for Christmas. From the first week back in January 2019, we plan to come in regularly every Wednesday during term time from 3.30-4.30pm.

We've all had a great time practising some self defence, and playing some games. I wanted to share with you the four reasons we believe children benefit from learning martial arts with Knee High Ninjas;

1. It will help build your child's confidence, making new friends and talking to others.
2. They will learn discipline, manners & respect through our life skills for kids program.
3. It will help with concentration, which in turn can filter into everyday life and more importantly school work.
4. Improve co ordination, through full use of the body. Improving speed, timing and accuracy.

Our lessons are £6 per child per week. Simply send Coach Matt a text to book your child into the lesson. He will arrange payment with you via his payment company Go Cardless. Lessons will be paid for every half term, so every 6/7 weeks. The first term will be Wed 28th Nov - Wed 19th Dec. So £24 in total. **No payment will be taken by Markeaton Primary School.**

Please call/text Coach Matt - [07917704403](tel:07917704403)

Kind regards

Matt Hainy
Knee High Ninjas

www.kneehighninjas.co.uk

www.facebook.com/kneehighninjas

